

I would love to join but I never find time to read.

Then this is the exact reason you need to join! If you want to do or achieve something then you have to make time for it, rather than find time. Knowing you will have a monthly group to meet online, will help hold you accountable to your reading.

What if I have read the book before?

I often read personal development books again and again, because every time you read it, you'll gain something different or a new insight into it. Each time you read the same book, you personally will be in a different situation or circumstance in your life which allows your interpretation to be different. In fact, I would encourage you even more to join the club if you have read the books - you will see things differently and learn different lessons from the book a second time around. No one reads the same book twice!

What about electronic and audio versions?

I understand not everyone is a fan of hard copies, so when you register you can say if you want to receive a kindle copy and you will receive your book of the month in Kindle format. If you are interested in audio, please email alice@alicedartnell.com.

How do I know the book will be useful or worth my time?

One of the benefits to this book club is knowing that you are going to read a book that is worth your valuable time. Prior to any book being included in the book club, it will be vetted by myself personally.

When do we meet?

We will be meeting online for the book club meet up the third Thursday of the month. Please note this is subject to change based on the needs of the members.

Success B

PERSONAL DEVELOPMENT BOOK CLUB



What if I can't make the monthly meet up?

Don't worry! All the meet ups will take place virtually on Zoom and will be recorded so you can catch up with the book club afterwards! You can also engage with the discussion outside the monthly meet up via the Facebook group. Plus, you will receive the worksheets along with the book in your subscription box, which you can complete as you read, therefore still gain the valuable coaching and support throughout your reading experience.

Is there an overseas membership?

I am afraid that this is only for the UK at the moment but there are plans for expansion into countries outside the UK already! Please get in touch if you are outside the UK and interested in the book club via alice@alicedartnell.com.

What do I get in my box every month?

Every month, about three weeks prior to the virtual meet up on Zoom, you will receive your exciting subscription box through the post! You will receive the book of the month, as well as the accompanying coaching worksheets to support you with the book (and if you're good, you might even receive a few surprises ;))

What happens if I already have the book? (hard copy or kindle)

This is up to you. You might decide to still receive the book in order to give a copy away or you can choose to receive a gift voucher in order to purchase another book of your choice.

I have the Kindle Unlimited and can read any number of books free of charge on Kindle, what do I get?

This is up to you. You might decide to still receive the hard copy book or kindle version in order to give a copy away or you can choose to receive a gift voucher in order to purchase another book of your choice.

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PERSONAL DEVELOPMENT BOOK CLUB



Is there a minimum membership for the Club?

There is no minimum membership term. You pay monthly for your membership, so you are free to cancel any time in case it isn't for you. If you want a fun space to learn, grow and develop then I am sure this will be perfect for you but if you ever are unhappy with Success Box or you feel like things could be better then I always welcome feedback to make this the best place for you!

Will members rotate as the Chair every meeting?

No, you just come along, relax, enjoy and learn! One of the big parts of the monthly meet up as a book club is to discuss and learn from the book. This will be achieved through my coaching with the group. Coaching requires training and it would be unfair to put that pressure on the group.

How do I know what the books are going to be?

These will be revealed month by month and I will use the direction of the members to determine what we read. All the books are personal development based, and will fall into the following themes:

- Success principles and personal leadership
- The science of the law of attraction and manifesting abundance in your life
- Health and wellbeing (mental and physical)
- Time management and productivity
- Understanding the self, including neuroscience, personal awareness, behaviours etc
- Inspiration and motivation
- Money mindset and finance

I don't know if I have time to read!

I get it, we're all so super busy these days but it is about *making* time for your development, not finding time. Having the accountability of this group will also support you in your commitment to making time for you, your future and your growth.

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PERSONAL DEVELOPMENT BOOK CLUB